

## Preparation for Cosmetic Procedures

- 1) Proper medical and clinical evaluation is required in the form of a consultation with Dr. Ortenzi to see if you are a good candidate for the services you desire.
- 2) No tanning, including tanning beds and spray on tans, two weeks prior to any session.
- 3) You must be able to return for regular intervals for best response. For facial hair removal, you must return every four weeks for up to 4 to 6 treatments. For body hair removal, you must return every 6 weeks for 4 – 6 sessions.
- 4) If you have used Doxycycline or Tetracycline in the past two months, you are not a candidate for cosmetic procedures.
- 5) Stop use of Retina at least 2 days prior and 2 days after a procedure.
- 6) If you have a seizure disorder, we discourage treatment because of the flashing lights. The flashing lights may trigger a seizure.
- 7) If you have had any recent dermal fillers or Botox, you must wait up to two weeks before lasering over these areas.
- 8) I discourage skin rejuvenation and hair removal as well as vein treatment for patients with lupus, insulin independent diabetes, herpes, easy to form scars, pregnancy or if on Coumadin or Acutane therapy.
- 9) One must always understand that there is always a risk of an adverse outcome. This can vary in significance. One may experience just a change in their skin texture. Other adverse outcomes can include change in pigment and skin burns. Usually these events are mild and will resolve. If hyperpigmentation occurs, it will fade in three to six months. To hasten this, special lightening creams can be prescribed. If your skin is under pigmented after a burn and sloughing of the skin, it will generally re-pigment over a period of 3 to 6 months. These adverse outcomes therefore are not permanent and are treatable.